

Mild or Infrequent Symptoms

Group A Dosing*

Medicine Type	Dosage
Aspirin	600-900mg
Ibuprofen (Motrin)	400-800mg
Naproxen (Aleve Naprosyn, Anaprox)	500-1000mg
Flurbiprofen	100-300mg
Diclofenac sodium	0-100mg
Suppository	100mg
Tolfenamic acid	200mg
Ketoprofen	50-75mg
Ketorolac nasal spray	one 15.75mg spray per nostril q 6-8hours
Indomethacin (Indocin)	25-50mg; 50mg supp compound
Piroxicam	20mg
Celecoxib (Celebrex)	100-200mg

* Do not use any of these medicines more than 15 days per month for three months.